

CERTIFICATE OF PARTICIPATION

This is to certify that

Kwena Lamola

Has successfully participated & completed the

42km CDM 4-in-1 2019

held at Polokwane Rugby Fields.

TIME 04:44:51

PACE 06:45/km

GENDER 222 of 351

OVERALL 262 of 440

SENIOR (20-39) 102 of 133



16 February 2019, Sat

Date

BoutTime

Signature

